

# An important meeting about me



**There is going to be an important meeting about me on .....**

**The meeting is called a children's hearing. Children's hearings are about working out what's best for me.**

**I will be able to go to the meeting about me.**

**I will try to say what I think is best for me.**

**The meetings usually take place in rooms like these.**



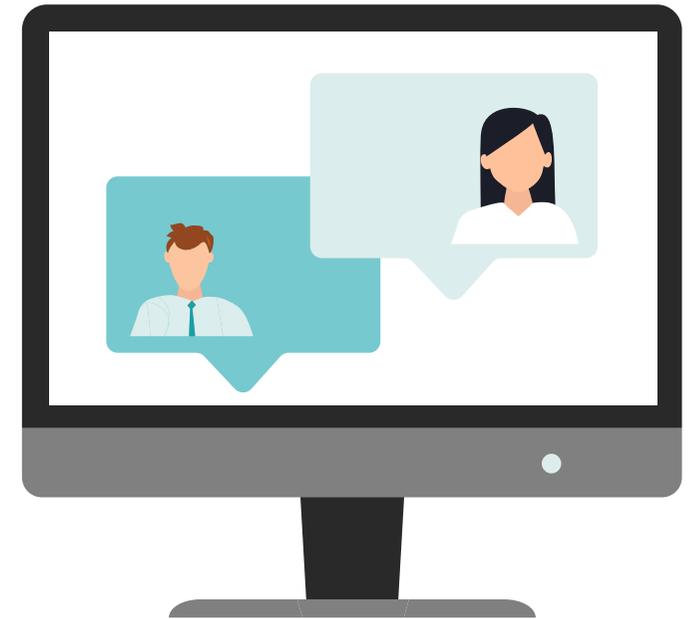
**Coronavirus means we might have virtual meetings instead.**

**A virtual meeting happens by phone or computer.**

**People can usually see each other but sometimes can just hear each other.**

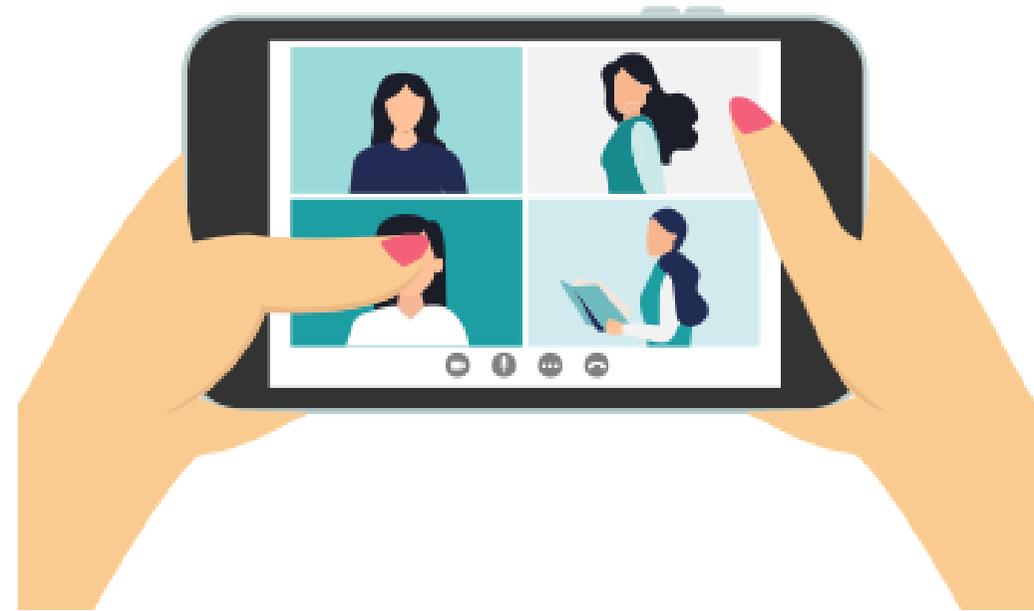
**The adults know this might be worrying or stressful for me.**

**If it is worrying or stressful for me the adults will help me to stay calm and relaxed.**



## The people at my meeting

**The people at my meeting will usually be me, my parents or carers, my social worker and maybe a teacher from my school.**



**There will be another important person at my meeting. They have a job called a reporter. They usually write things down so everyone remembers the decisions made at my meeting.**

**There will sometimes be other people at my meeting. In the meeting people will say who they are.**

## Panel Members

**At my virtual meeting I will usually see three adults who I might not have met before.**

**These people are called the panel members.**

**Panel members are specially trained people who will make decisions about me.**

**When I see them they will tell me their names.**



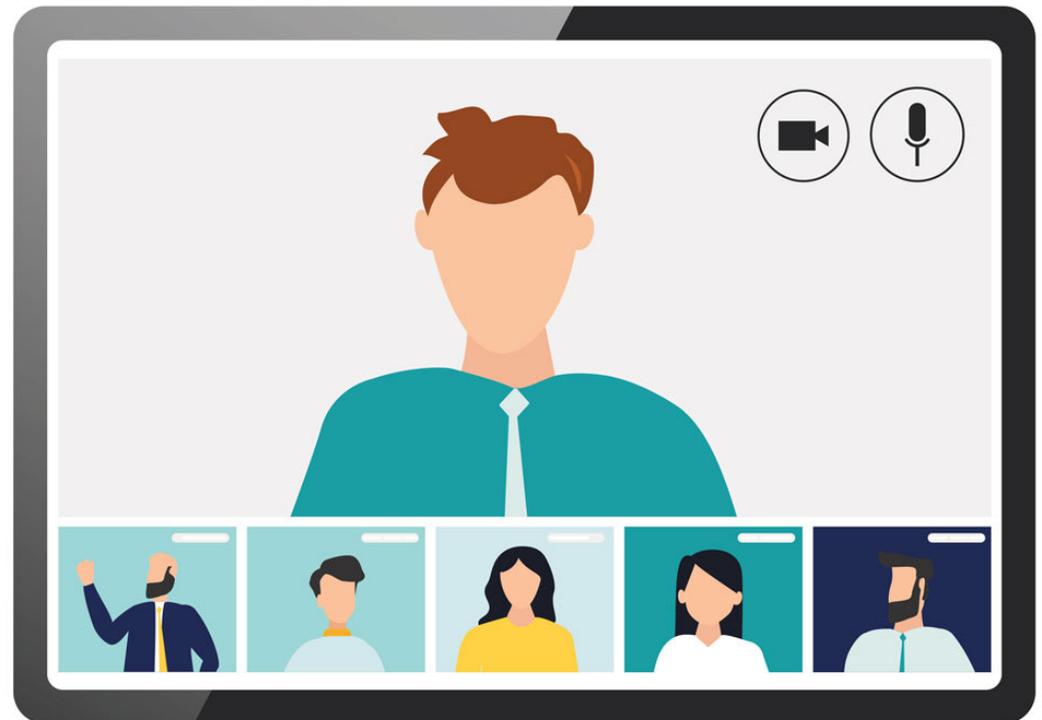
**My computer or phone screen might look like this during the meeting about me.**



## During the Hearing

**At my meeting everyone will try to take turns and let one person speak at a time.**

**Everyone will try to listen to what each other is saying.**



## Your views

**At the meeting the panel members will probably ask me questions.**

**If I need a break I can ask for one.**

**If I have any questions I can ask them.**



## **Other information**

**If I feel worried about anything at the meeting I will try to tell the adults and they will try their best to help me feel less worried.**

**There are some ideas to help you relax before and after your children's hearing at [www.ohov.co.uk/about-us/children-and-young-people/](http://www.ohov.co.uk/about-us/children-and-young-people/)**

## **Your feedback**

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