



All about me ...

It is important that you tell the people at your Hearing how you are feeling. Are you happy with your situation? Do you want things to change? Do you have enough information about what is happening to you?

You can use this form to tell us how you are and if there is anything you would like to change. Please fill in this form and take it along to your Hearing.

Name: Date:

1. Do you know why you are coming to a Hearing, and/or would you like more information?

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2. What about where you are living – do you like where you are living now? If not, where would you like to stay?

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3. How have things been going for you lately - are you happy with how things are at home and school?

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4. Is there something that is worrying you – would you like to tell us about it? Things might be going well for you, tell us what is good just now and why?

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5. What would you like to happen in your future? Would you like things to change or stay the same?

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6. Is there anything else you would like the Hearing to know about?

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Your rights

You have the right to bring someone along with you to your Hearing to help and support you. If you want to talk to someone before you go along to your Hearing, you can contact the Children’s Reporter, or you can talk to a social worker if you have one, or a teacher. Remember, you are the most important person at your Hearing – the Panel Members and the Reporter are there to help you.

More information

You can get more information about the Hearings System by visiting www.scra.gov.uk. There is a section dedicated to young people which includes some frequently asked questions about the Hearings System and there is also a selection of information leaflets.

